SAF's Farm Stress Unit

15 YEARS OF SERVICE TO SASKATCHEWAN'S FARM AND RURAL FAMILIES

OUR MANDATE

To provide confidential peer telephone counselling, support, information and referral services responding to the needs of rural people, families and communities.

OUR PRINCIPLES

Our Principles arise from our mandate. The Farm Stress Unit takes a holistic approach and believes that, given the applicable information, resources and support:

- people are empowered;
- people are able to address and resolve their own issues and problems;
- people become resilient; and
- people are better able to make choices and changes.

OUR SERVICES

- Toll Free Farm Stress Line, 1-800-667-4442
- Information and referral services, phone toll free, 1-866-680-0006:
  - CONNECTIONS Services Directory;
  - Saskatchewan Agriculture and Food Inquiry Line;
  - "Pathfinding" Service;
  - Livestock Care Service (when personal problems can put livestock at risk);
- Other activities:
  - Workshops and presentations;
  - Biennial conference;
  - Farming and Ranching in Difficult Times kit;
  - The Farm Stress Line also provides services to Palliser Health Region in Medicine Hat, Alberta. Phone toll free 1-866-898-0280.

OUR COUNSELLORS

Farm Stress Line Counsellors are farmers, both grain and livestock, who are trained to handle a wide range of farm issues related to the human dimensions of agricultural production.

Counsellors' training includes:

- farm debt resolution procedures and processes;
- communication and counselling skills, including suicide intervention, interpersonal abuse and violence, and conflict resolution; and
- stress, and stress management, including how to improve sleep.

HOURS OF SERVICE

- 8 a.m. to 9 p.m. Monday to Saturday, including holidays.

CALL BEFORE THE PROBLEM BECOMES A CRISIS

Make Your Farm a CleanFARM

Return your obsolete pesticides for FREE

October 23-25, 2007

Saskatchewan farmers can dispose of unwanted obsolete pesticides in a safe and environmentally responsible manner.

It won't cost you a thing!

The Saskatchewan Obsolete Pesticide Collection Campaign is a one-time province-wide blitz occurring from October 23-25, 2007.

Farmers can clean out and safely dispose of obsolete, unwanted or unusable agricultural pesticide products. Saskatchewan producers can return obsolete agricultural pesticides – but not adjuvants, paints, solvents, domestic pesticides or other household hazardous wastes – to any designated ag-retail collection location during the collection period for safe disposal at an approved waste management facility.

For more information, contact: Sask. Agriculture and Food, Agriculture Knowledge Center 1-866-457-2377, or visit www.agr.gov.sk.ca/pesticidecollection

Collection Locations

Assiniboia – Saskatchewan Wheat Pool
Biggar – Agricore United
Central Butte – Hawk's Chemicals
Davidson – Agricore United
Estevan – JRI
Foam Lake – JRI
Humboldt – Saskatchewan Wheat Pool
Indian Head – Saskatchewan Wheat Pool
Kelvington – Saskatchewan Wheat Pool
Kindersley – GMAC's Ag Team
Kyle – Pioneer Co-op
Langenburg – Sharpe's Soil Services
Leask – Saskatchewan Wheat Pool
Lloydminster – Agricore United
Maple Creek – Saskatchewan Wheat Pool
Mankota – Saskatchewan Wheat Pool
Meadow Lake – Saskatchewan Wheat Pool
Melfort – Saskatchewan Wheat Pool
Melville – Agricore United
Moose Jaw – Cargill
Naicam – Naicam Co-op
Nipawin – Pineland Co-op
Norquay – Agricore United
North Battleford – Saskatchewan Wheat Pool
Ogema – Dean Clarke Agri Services
Outlook – Saskatchewan Wheat Pool
Plenty – GMAC's Ag Team
Porcupine Plain – Agricore United
Prince Albert – Prince Albert Co-op
Radisson – MidSask Ag Services
Raymore – Cargill
Redvers – Advantage Co-op
Regina – Saskatchewan Wheat Pool
Rosetown – Rosetown Co-op
Rosthern – Agricore United
Saskatoon – JRI
Shaunavon – Shaunavon Co-op
Spiritwood – MidSask Ag Services
Strasbourg – JRI
Swift Current – Pioneer Co-op
Unity – Cargill
Watrous – Saskatchewan Wheat Pool
Weyburn – Weyburn Inland Terminal
Whitewood – Saskatchewan Wheat Pool
Wynyard – Wynard Co-op
Yorkton – Cargill

Saskatchewan CleanFARMS
OBSOLETE PESTICIDE COLLECTION CAMPAIGN

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